

Oxfordshire Inclusion in PE Updates



Welcome

North Oxfordshire School Sport Partnership has become part of the Youth Sport Trust Lead Inclusion School Network, as the lead for Oxfordshire.

Welcome to our first newsletter, highlighting support, information and resources available to you in the Inclusive PE, School Sport, Physical Activity & Play space.

Inclusion 2028

Inclusion 2028 is a Department for Education funded grant, designed to improve the choices and chances of children and young people with Special Educational Needs and Disabilities (SEND) through a series of targeted interventions in physical education (PE), school sport, and physical activity.

The LIS Network plays a key part in ensuring that every pupil, regardless of ability, has the opportunity to thrive through the delivery of youth leadership opportunities and inclusive festivals, tailored Staff CPD and the sharing of best practice and signposting.

You can find out more about **Inclusion 2028** at <https://www.youthsporttrust.org/inclusion-2028>

Resource Spotlight

Stronger Every Day.

A **FREE** suite of practical resources designed to help schools, families and young people build strength & balance through manageable, inclusive activities.

The toolkit contains everything you need to start building and embedding simple strength and balance movements into everyday moments - at school and at home - helping respond to the inequalities in participation with simple, realistic solutions.

CLICK HERE

Inclusion In Action



REGISTER NOW

A Live Lab powered by the Bupa Foundation in partnership with the Youth Sport Trust

This is a practical, hands-on session that will give you the skills and confidence to adapt traditional sports so that they are inclusive for young people with SEND alongside an opportunity to connect with others, to explore the benefits of physical activity for young people with SEND and to try new activities alongside other practitioners.

Delegates will receive a resource pack to support the delivery of a 4-week Inclusive Sports Club within their own setting.

Inclusive Health Check

Have you completed your IHC for 2026/27?

Many people don't realise that the IHC is a great stand-alone resource and self-assessment tool, designed to help schools, SGOs and Active Partnerships evaluate how inclusive their sport and physical activity offer is for young people from underserved communities.

Log in to your **School Games** Dashboard to complete or review your **Inclusive Health Check**



Mailing List



If you would like to receive direct updates from the Lead Inclusion School with information, signposted support and resources, please sign up to our **mailing list**

Chief Medical Officer Physical Activity Guidelines

