

## Oxfordshire Educational Psychology Service

### ELSA Training in Oxfordshire

#### What is an ELSA?

ELSAs are Emotional Literacy Support Assistants working in primary and secondary schools. They are Teaching Assistants who have received specific training from Educational Psychologists from whom they receive on-going supervision following training. Their role is to support children and young people in school to understand and regulate their own emotions, learn to respect themselves and others around them and develop their personal resilience.

#### How would an ELSA benefit your school?

There has been consistent feedback from schools across the UK that the introduction of ELSAs has made a significant positive impact on the emotional wellbeing of children and young people and their ability to manage better at school — socially, emotionally and academically.

#### How would it work?

ELSAs will receive six days of training from the Educational Psychology Service (EPS) to help them to plan, deliver and evaluate bespoke interventions for identified pupils in their schools. Following the initial training, ELSAs meet every short term (6 times a year) for an in-person group supervision session with 8-10 ELSAs and an Educational Psychologist.

#### How much will it cost?

Per ELSA	Cost
6 days of Training '26-'27 from Educational Psychologists	£780
Supervision 6 sessions a year starting in September 2027	£340

## Training

The EPS will deliver **six days of training (9.15am-3.15pm)**, monthly from September 2026 to June 2027.

The first day will be split between a virtual first session which ELSAs will attend with their line managers and a face-to-face half day session 1—2 weeks later.

Training will take place at **Didcot Civic Hall**. ELSAs will need to attend all six sessions.

	Training Session Content	Didcot Civic Hall
1a	<ul style="list-style-type: none"> <li>The ELSA Project: An introduction for ELSAs and line managers</li> <li>A virtual session for ELSAs to attend jointly with their line managers on MS Teams: 9.15 - 11.15am</li> </ul>	22/09/2026
1b	<ul style="list-style-type: none"> <li>Emotional Literacy in schools</li> <li>9.15am - 12.15pm face-to-face session</li> </ul>	29/09/2026
2	<ul style="list-style-type: none"> <li>Security and building resilience</li> <li>Belonging</li> </ul>	17/11/2026
3	<ul style="list-style-type: none"> <li>Identity and self-concept</li> <li>Motivation and competence</li> </ul>	12/01/2027
4	<ul style="list-style-type: none"> <li>Emotional management</li> <li>Social skills</li> </ul>	09/03/2027
5	<ul style="list-style-type: none"> <li>Loss and bereavement</li> <li>Therapeutic and Social Stories</li> </ul>	04/05/2027
6	<ul style="list-style-type: none"> <li>Active listening and communication</li> <li>Externalizing Techniques; Using puppets</li> </ul>	15/06/2027

**To book your ELSA training place, please visit:**

[Oxfordshire Educational Psychology Service](#)

For further information about ELSA, please contact:  
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