

Inclusive Activity Programme – Disability Inclusive Sport for PE Teachers

In conjunction with the Activity Alliance, Active Oxfordshire have arranged training for Secondary school staff responsible for leading PE and Sports activities within their school.

Programme Information

Date – Friday 26th September

Time - 9.30am-12pm

Location – The Marlborough C of E School, Shipton Rd, Woodstock OX20 1LP

Capacity – Max 24 learners (2 places available per school, additional staff may join waiting list and will be accommodated if space)

Cost – Free (£25 per person paid for by Active Oxfordshire)

[Register Here](#)

Contact Details

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Format

Theory

Each learner will have access for 30 days to an E-learning module to help prepare for practical and to help with wider understanding of disabilities and impairments.

Practical

3 hour workshop tailored needs of the group (e.g sports of interests, focus on certain types of disability).

More detailed information below.

Follow On

We want to support all schools in Oxfordshire to deliver disability inclusive PE. All children in Primary, Secondary and SEND schools deserve equal access to sport and physical activity and social time with their peers.

Participants attending the training will be vital in helping us shape the nature of support provided to schools and to capture/provide follow on needs. This may be additional personalised training requests, adapted kit and equipment needs or funding support for building sustainable inclusive school sport environments.

Participants will be surveyed to capture if they felt that the training delivered met all of their needs.

[Register Here](#)

Inclusive Activity Programme – Course Breakdown

You can visit the Activity Alliance website and learn more about their work

<https://www.activityalliance.org.uk/inclusive-activity-programme/learning-options>

Online eLearning module

Our eLearning module offers a fun and interactive introduction to the Inclusive Activity Programme. Through self-led study, you will explore the theory of inclusive activity, including key inclusion models, participation barriers, and communication principles.

In the eLearning module, you will:

- Understand the benefits of being active and recognise potential participation barriers for disabled people.
- Develop an understanding of different inclusive approaches, including Activity Alliance's Ten Principles, the Activity Inclusion Model and STEP Tool.
- Learn about the importance of inclusive communication.
- Receive an interactive online workbook to support your learning.

We recommend that you complete the module before attending a practical workshop as part of the full learning package. It takes approximately one hour to complete and includes a range of accessibility features.

Practical Workshop

You will:

- Learn how to create an inclusive environment.
- Understand how to take a person-centred approach when planning and delivering activity sessions.
- Learn how to adapt activities to ensure inclusion and progression for all participants.
- Explore creative ideas to support disabled people to access physical activity and sport.
- Receive an interactive online workbook to support your learning.