

FEEDING SUCCESS:

A whole school approach to enhancing wellbeing,
learning and performance through nutrition



A FREE IN-PERSON, ONE DAY COURSE FOR HEADTEACHERS, GOVERNORS, BUSINESS MANAGERS

Feeding Success is an interactive full-day course exploring how school management and policy can enhance academic performance, behaviour and well-being by promoting better nutrition.

You will gain a greater understanding of healthy eating and the knowledge, practical insights and strategies to help create a more positive school food environment and culture, fostering healthier food choices and supporting both student well-being and educational outcomes.

Through expert-led sessions and hands-on activities, delegates will learn about nutrition and the direct impact of food choices on academic performance, focus, and behaviour. You'll leave equipped with practical tools to evaluate and monitor how effectively your school encourages and supports positive eating habits.

Whether you're looking to make small adjustments or lead transformative change, this course will provide actionable solutions tailored to your school's needs.

1st October 2025 (9.30–3.30) at Stratfield Brake Sports, OX5 1UP Ground

Please book via this link:

<https://educationservices.oxfordshire.gov.uk/Event/266451>