

OXWELL 2025 FINDINGS

EARLY RESULTS FROM YEARS 7-13

SCHOOL EXPERIENCE

In a class of 30 students:

- 18 are worried about exam results
- 15 are 'satisfied with school'
- 10 think their school deals well with bullying
- 4 students worry about going to school



LONELINESS

Similar numbers of students feel very lonely across all year groups (12%)



MENTAL HEALTH

- 1 in 10 are experiencing significant symptoms of depression and/or anxiety
- 1 in 3 would like help to support the mental health of their friends



SLEEP



1 in 5 students have difficulty with their sleep and many more would like help to improve their sleep.

What You Told Us About Online Life:

- 1 in 5 said they'd been excluded from online chats or groups
- 1 in 7 received threatening or aggressive messages
- 1 in 10 said private pictures or messages were shared without their consent
- Many reported difficult content appearing on their feeds without them having searched for it



BULLYING

Most bullying happens in school. While some incidents occur during lessons, much of it takes place in other shared spaces.

Every school is different, and your insights about what can be changed are really important to help guide schools.

What Helps You Feel Part of Your School Community?

Your top 3 answers were:

- School trips
- Lunchtime and after-school activities
- Special events like sports days and celebrations



Over 35,000 students completed the survey! - THANK YOU
You can watch our thank you video [here](#)