

‘Supporting potty learning in Early Years.’

Oxfordshire 2025

The Vision

All Children will be toilet trained by the time they start school.



The ambition

- The children's workforce will be trained and follow the 3-step Let's Go Potty approach
- Interactive learning resource (or resources) that educate and empower the workforce to potty train the children in their care with confidence.
- Resource (or resources) for parents that complement the Online Potty Training for Early Years training.
- Online learning to understand how to deal with accidents, regression, and the importance of drinking and being allowed to go to the toilet.
- Set a baseline and measure the impact



The Children's Bowel & Bladder Charity

ERIC's Let's Go Potty 3-step approach

Online Learning for Early Years

Project in partnership with Oxfordshire
County Council Early Years.



**OXFORDSHIRE
COUNTY COUNCIL**



Step 1 – Preparation (Video 17 minutes)

Promoting Healthy Bladders and Bowels

- The first six months
- After weaning

Introducing the Potty

- Potty Learning – skills & time
- Readiness??

Environment, Equipment & Timing

- Sitting & relaxing
- When to sit

Summary of Preparation



Step 2 – Practice (video 9 minutes)

Getting Going

- Process not an event
- Calm and reassuring

Developing Skills

- Growing awareness of their body
- Dressing/undressing & wiping

Learning through play

- Potty/toilet paper in the 'home area'
- Reading stories

Summary of Practice





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Step 3 – Nappies Off! (video 15 minutes)

- All checked? Then go for it!
- What about nap times
- Managing wee and poo accidents
- Going out and about
- Keeping records
- Troubleshooting
- Summary - stopping using nappies



Children with additional needs (video 16 minutes)

Healthy bladders and bowels – what is different?

- Constipation is more likely
- Drinking enough

Introducing the potty – what is different?

- Communication
- Sensory needs
- Anxiety and avoidance

Extra Support

- Help available

Summary of children with additional needs



If you would like to be a part of this wonderful opportunity, simply sign up using the link provided

<https://forms.office.com/e/iC67ic8aUg>

Any further questions contact Paula.Lochrie@oxfordshire.gov.uk

