



Headline sponsor:

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# Info sheet

24 March–4 April 2025

Sustrans Big Walk and Wheel is the UK's largest walking, wheeling, scooting and cycling challenge. It inspires pupils to make active journeys to school, improve air quality in their neighbourhood and discover how these changes benefit their world.



## Big Walk and Wheel challenge

Active travel is a great way to build physical activity into children's daily routine. It helps them arrive to school more relaxed and alert, and is great for their mental wellbeing.

This year the challenge will run from **24 March–4 April 2025**. It is free and easy to take part in Sustrans Big Walk and Wheel. You can register your school for the challenge from January 2025 at [www.bigwalkandwheel.org.uk](http://www.bigwalkandwheel.org.uk).



## How it works

On each day of the challenge schools compete to see who can record the greatest number of pupils walking, using a wheelchair, scooting or cycling to school.

A school's best five days will determine their final position and schools at the top of their leaderboards will receive an exclusive Sustrans Big Walk and Wheel certificate.



## Prizes and badges

All schools will be entered into daily prize draws for rewards if over 15% of your school takes part on each day of the challenge. Prizes up for grabs include accessories and equipment to help your school travel actively. All schools that participate in Sustrans Big Walk and Wheel will also have the opportunity to earn virtual badges.

In 2024,  
**2,691kg**  
of nitrogen oxide avoided as a result of the 10-day challenge\*

In 2024,  
**1,730 tonnes**  
of CO<sub>2</sub> avoided as a result of the 10-day challenge\*

In 2024, pupils at  
**1,727**  
schools made  
**2,389,015**  
journeys to school by foot, wheelchair, scooter and cycle

\*Based on the assumption the journeys logged in the challenge would otherwise have been made by car.



## School resources

We provide a suite of fun and interactive resources to help make your challenge a success. These free resources include:

- Curriculum linked lesson plans
- Inclusivity guide
- School assembly presentation
- Top Tips
- Poster



## FAQs

### Who can take part in the Big Walk and Wheel 2025?

All schools in the UK can take part in the Sustrans Big Walk and Wheel (provided they have a DfE or SEED no. or an IRN). If you do not have a DfE/SEED/Inst Ref number email [bigwalkandwheel@sustrans.org.uk](mailto:bigwalkandwheel@sustrans.org.uk).

### How do I register?

Simply fill in your school details on the [Sustrans Big Walk and Wheel registration page](#).

### How do I log journeys for SEN/ALN/ASN pupils?

If a SEN/ALN/ASN pupil is unable to take an active journey to school then one active journey within the school day counts in the challenge. These journeys are logged on the dedicated journey logging page.

**[For more information please visit the terms and conditions.](#)**



## What next?

1. Register for the challenge from January 2025 at [www.bigwalkandwheel.org.uk](http://www.bigwalkandwheel.org.uk)
2. Put 24 March–4 April 2025 in your diaries
3. [View and download the free school resources.](#)  
Plan how you could use them in your school or lessons
4. Email the Big Walk and Wheel team if you have any questions: [bigwalkandwheel@sustrans.org.uk](mailto:bigwalkandwheel@sustrans.org.uk)



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Sustrans is the charity making it easier for people to walk and cycle. Join us on our journey. [www.sustrans.org.uk](http://www.sustrans.org.uk)

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