



What is an ELSA?

ELSAs are Emotional Literacy Support Assistants working in primary and secondary schools. They are Teaching Assistants who have received specific training from Educational Psychologists from whom they receive on-going supervision following training. Their role is to support children and young people in school to understand and regulate their own emotions, learn to respect themselves and others around them and develop their personal resilience.

How would an ELSA benefit your school?

There has been consistent feedback from schools across the UK that the introduction of ELSAs has made a significant positive impact on the emotional wellbeing of children and young people and their ability to manage better at school – socially, emotionally and academically.

How would it work?

ELSAs will receive six days of training from the Educational Psychology Service (EPS) to help them to plan, deliver and evaluate bespoke interventions for identified pupils in their schools. Following the initial training ELSAs meet every short term (6 times a year) for a group supervision session with up to 10 other ELSAs and an Educational Psychologist.



Per ELSA	Cost
6 days of Training '24-'25 from Educational Psychologists	£750
Supervision 6 sessions a year starting in September 2025	£320



Training

The EPS will deliver **six days of training (9.15am-3.15pm)**, monthly from September 2024 to June 2025. The first day will be split between a virtual first session which ELSAs will attend with their line managers and a face-to-face half day session 1–2 weeks later.

Training will take place at: Exeter Hall, Kidlington. ELSAs will need to attend all six sessions.

Training Session Content		Exeter Hall, Kidlington
1a	The ELSA Project: An introduction for ELSAs and line managers. A virtual session for ELSAs to attend jointly with their line managers on MS Teams. 9.15—11.15	24/09/24
1b	Emotional Literacy in schools 9.15—12.15 face-to-face session	01/10/24
2	Security and building resilience Belonging	19/11/24
3	Identity, self-concept, motivation and competence	14/01/25
4	Emotional management and social skills	11/03/25
5	Loss and bereavement Therapeutic and Social Stories	06/05/25
6	Active listening and communication Externalising Techniques; Using puppets	17/06/25

For further information about ELSA

Please contact:

educationalpsychologycentral@oxfordshire.gov.uk

To book your place please visit –
[Education Services Oxfordshire](#)

ELSA Course (Kidlington) SENSS T-1023-T002

