

Dear Parent/carer,

We are writing to give an update to the SportWorks Short Breaks provision which is commissioned by Oxfordshire County Council.

We apologise that the start of the multi-sports provision under the Oxfordshire Short Breaks Programme has been delayed. This has been due to significant challenges in recruiting experienced and qualified coaches. Despite our rigorous efforts, finding professionals who meet the high standards required for delivering our award-winning programme has proven difficult. Ensuring that we have the right team in place is crucial for providing a safe, engaging, and supportive environment for your children. We are actively working on resolving these issues and remain committed to beginning the program as soon as possible.

What we do:

We will be working with children and young people who are autistic but do not have a learning disability. This group has unique needs, including structured routines, clear communication, and sensory-friendly environments. Our goal is to provide a supportive and inclusive setting that caters specifically to these requirements, ensuring each participant feels comfortable and engaged. We are committed to delivering tailored activities that promote physical well-being, social interaction, and skill development while respecting the individual needs of every child and young person in our care.

Participants will choose the activities that they want to do from an impressive array of energetic, stimulating, fun and impactful indoor & outdoor sports and activities, which include: Gymnastics, football, basketball, netball, dance, parachute games, arts & crafts, outdoor adventures, climbing frames, orienteering & many more!

Delivery plan, where and when:

Through working with Oxfordshire County Council, we have highlighted areas that need our program. Those areas are Bicester & Abingdon. Over time, we're hoping to bring our program to more areas of Oxfordshire if other areas are identified & venues can be sourced.



Please see our plan of delivery below.

Bicester:

- When: Every 1st & 3rd Saturday of the month (term time only)
- Start date: 15th June
- Timings: 10am-3pm
- Location: Glory Farm Primary School, OX26 5YJ

Bicester:

- When: Every Monday, Wednesday & Friday during the summer holidays
- Start date: 29th July
- Timings: 10am-3pm
- Location: The Cooper School, OX26 4RS

Abingdon:

- When: Every 2nd Saturday of the month (term time only)
- Start date: 29th June
- Timings: 10am-3pm
- Location: Long Furlong Primary School, OX14 1XP

Abingdon:

- When: Every Tuesday & Thursday during the summer holidays
- Start date: 30th July
- Timings: 10am-3pm
- Location: Long Furlong Primary School, OX14 1XP

Who are SportWorks:

SportWorks aims to make a positive impact on the lives of children, families, and communities through health and wellbeing programmes. We are experts in the disability sport sector and are commissioned by over 30 local authorities on a national scale to deliver our Short Breaks programmes.



We know SportWorks Short Breaks provisions provides crucial breaks and opportunities for both the child and the family. For the child, these breaks offer a mixture of opportunities including physical activity, promoting health, and fostering overall well-being. Engaging in sport activities not only improves fitness levels but also enhances motor skills, coordination, and self-esteem. They also provide a platform for social interaction, allowing children to build friendships and develop essential social skills. Additionally, participating in these type of activities can be therapeutic, offering a release for pent-up energy.

For the family, Short Break Activities can provide much-needed breaks allowing time for them and also other family members. knowing that their child is benefiting from meaningful and enjoyable activities during these breaks can bring peace of mind to parents and carers, strengthening family bonds and cohesion.

Below is a link to a short clip that talks you through how our Short Breaks program benefits & supports families.

[HAF Short Break Programme \(youtube.com\)](#)

We look forward to meeting you and your child and providing activities from Summer 2024. If you feel your child fits the service that we will be providing, please book them onto the sessions using the below link.

<https://bookwhen.com/sportworks>

If you have any questions, please do not hesitate to contact us on info@sportworksltd.co.uk

Many thanks,

SportWorks

sportworksltd.co.uk