

## COVID-19 Information for parents and carers

Do not send your child to nursery/school/college if they have COVID-19 symptoms.

Visit: [www.gov.uk/get-coronavirus-test](https://www.gov.uk/get-coronavirus-test) to book a test online, or call 119 if you don't have internet access.

You should book a test for your child if they have any of:

### A high temperature

This means they feel hot to touch on the chest or back (you do not need to measure their temperature)

### A new continuous cough

This means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours (if they usually have a cough it may be worse than usual)

### A loss or change to their sense of smell or taste

This means they've noticed they cannot smell or taste anything, or things smell or taste different to normal.

If your child does not have symptoms of COVID-19 but has other cold-like symptoms, such as a runny nose or sore throat, they do not need to be tested. They and the rest of their household do not need to self-isolate (unless someone else in the household has symptoms or has tested positive, or you have otherwise been advised by NHS Test and Trace).

Your child can attend nursery/school/college if they are well enough to do so.

## What to do if...

### Your child has COVID-19 symptoms

- DO NOT SEND YOUR CHILD TO NURSEY/SCHOOL/COLLEGE
- Whole household begins self-isolation (10 days for a person with symptoms and 14 days for household contacts)
- Book a COVID-19 test
- Inform nursery/school/college immediately about test results

### When can my child return?

They can return if the test is negative – providing they are well enough, have not had a fever for 48 hours and haven't been advised to self-isolate by NHS Test and Trace.

### **Your child tests positive for COVID-19**

- DO NOT SEND YOUR CHILD TO NURSERY/SCHOOL/COLLEGE
- Inform nursery/school/college immediately about test results
- Your child and all household/support bubble members should self-isolate as advised by NHS Test and Trace (anyone with symptoms should book a test)

#### **When can my child return?**

They can return after 10 days of isolation, even if they still have a cough/loss of smell or taste. These symptoms can last several weeks.

### **Somebody in your child's household has COVID-19 symptoms**

- DO NOT SEND YOUR CHILD TO NURSERY/SCHOOL/COLLEGE
- The household member should book a COVID-19 test
- Whole household begins self-isolation (10 days for a person with symptoms and 14 days for household contacts)
- Inform nursery/school/college immediately about test results

#### **When can my child return?**

They can return if the symptomatic household member's test is negative and your child hasn't been advised to self-isolate by NHS Test and Trace

### **Somebody in your child's household tests positive for COVID-19**

- DO NOT SEND YOUR CHILD TO NURSERY/SCHOOL/COLLEGE
- Inform nursery/school/college immediately about test results
- Your child and all household/support bubble members should self-isolate as advised by NHS Test and Trace (anyone with symptoms should book a test)

#### **When can my child return?**

They can return when they have completed 14 days of self-isolation without any symptoms\*

### **Contact tracing has identified your child as a close contact**

- DO NOT SEND YOUR CHILD TO NURSERY/SCHOOL/COLLEGE
- Your child should self-isolate for at least 14 days, as advised either by NHS Test and Trace or by Public Health England (via their educational setting)

#### **When can my child return?**

They can return when they have completed 14 days of self-isolation without any symptoms

### **Your child has been in contact with someone who has been identified as a close contact**

- Attend nursery/school/college as normal
- If your child does not have any COVID-19 symptoms they should carry on with normal activities

## **Your child has travelled abroad and has to self-isolate**

- DO NOT SEND YOUR CHILD TO NURSERY/SCHOOL/COLLEGE
- Self-isolate for at least 14 days in line with quarantine advice

### **When can my child return?**

They can return to nursery/school/college when they have completed 14 days of self-isolation without any symptoms

\*If your child has been identified as a close contact of a case of COVID-19 or has returned from travel abroad and is self-isolating, they must self-isolate for 14 days – even if they have a negative COVID-19 test result.

**For further information on COVID-19 in educational settings (including a guide for parents and carers) see: [www.gov.uk/coronavirus/education-and-childcare](http://www.gov.uk/coronavirus/education-and-childcare)**